

# ST. MARY OF THE VISITATION PARISH



16 Cooper Street,  
Cambridge, Ontario N3C 2N2

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[www.stmaryhespeler.ca](http://www.stmaryhespeler.ca)

**Rev. David Reitzel**, Pastor  
[dreizel@hamiltondiocese.com](mailto:dreizel@hamiltondiocese.com)

Rev. Mr. Michael Foulger, Permanent Deacon

Mrs. Catherine Quinto Garcia, Pastoral Minister

Mrs. Rosanne Nusca, Administrative Assistant

## SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Liturgy runs during the 11:00 a.m.  
Mass for children in Kindergarten to Grade 2*

## WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

## PRAYING THE ROSARY

Tuesday at 6:30 p.m. and

7:30 a.m. on Wednesday, Thursday and Friday.

All are welcome.

## PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting  
Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-  
658-9414.

## OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St. Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

## PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

## NEW PARISHIONERS

Please register through our parish website or by  
completing a form located at the parish entrances.

## SACRAMENT OF RECONCILIATION

Saturday 4:00 p.m. to 4:45 p.m. or  
by appointment.

## SACRAMENT OF BAPTISM

Please contact the parish office to begin the process  
of preparing your child and family for this  
Sacrament.

## SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date  
of marriage in order to begin preparations.

## PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father David and  
Deacon Michael would be most willing to visit.

## ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

## SEVENTH SUNDAY IN ORDINARY TIME

Date	Time	Mass Intentions	Requested by
Tuesday, February 25	7:00 PM	+ Joey Woods & Cecil Tourout + Maria Rosa and Joe Afonso + Teresa Zanardo	The Woods Family The Afonso Family Carol and Richard O'Brien
Wednesday, February 26	8:00 AM	+ Mary and Stan Burns	The Burns Family
Thursday, February 27	8:00 AM	+ Fred Barret	Linda and Mario Tammaro
Friday, February 28	8:00 AM	Intentions of the Tellez Family	Angela Tellez
Saturday, March 1	5:00 PM	+ Elias Sequeira + Ron Smith + Riker McKelvey	Delsie Sequeira Suzanne and Gus Maurice Ann McKelvey & Family
Sunday, March 2	9:00 AM 11:00 AM	For the people of St. Mary of the Visitation Parish For the people of St. Mary of the Visitation Parish	



**SEASON OF LENT:** Lent begins on **March 5** with **Ash Wednesday**. Mass with the distribution of ashes will be celebrated at 8:00 a.m. and 6:30 p.m. Our parish schools will have a liturgy of the Word with the distribution of ashes as well.

**Lenten devotion booklets** are available for purchase at the main entrance of the Church. Booklets are \$2.

### ADORATION OF THE BLESSED SACRAMENT:

*Wondering what to do this Lent?* Why not spend a Holy Hour in our Eucharistic Adoration Chapel? As you plan your journey through this holy season of Lent, please consider dedicating a precious hour of your time to draw closer to Our Lord through Eucharistic Adoration. Come and sacrifice one hour a week to Our Lord in this season of repentance and renewal. Jesus is waiting for you in this Sacrament of Love. Please call Frank or Sheila for more information (519) 658-9414



### MEN'S DAY OF RECOLLECTION: PREPARE FOR LENT

All men over 18 are invited to St. Mary of the Visitation Parish on **Saturday, March 1<sup>st</sup>, 10am-3pm** for a Lent day of recollection. The day will consist of

Mass, confession, and talks given by Fr. Paul Pearson of the Toronto Oratory. Lunch will be provided. Please visit the parish website or scan the QR code on the posters to register. A \$10 fee will be collected at the door.



**MONTHLY COLLECTION:** Members of the St. Vincent de Paul Society will be collecting donations after all Masses this weekend. Envelopes are available for those who would like a tax receipt.



**WORLD DAY OF PRAYER 2025:** This year the World Day of Prayer will be hosted here at **St. Mary of the Visitation Parish** on **Friday, March 7<sup>th</sup> at 1:30 pm**. Social and fellowship time following the prayer service. All are welcome. Envelopes will be provided for donations.

**MARCH BREAK RETREAT FOR TEENS:** Youth Teams of our Lady (YTOL) and Fr. David Reitzel are inviting all students (grade 9-12) to the High School March Break Retreat from **Sunday, March 9 to Friday, March 14**. It is an overnight camp style retreat at the Blue Springs Scout Reserve in Acton. It is a time to get away from the busyness of life and encounter how Christ works in your life. Cost: \$380. For more information, please contact the parish office. [www.ytolcanada.org](http://www.ytolcanada.org)  
**Please note:** There will be no weekday Masses from March 10 thru March 14.

**MISSION MATS:** Join us on **Monday, February 24<sup>th</sup> at 6:30 p.m.** in the parish centre. Come out and see the process. Drop in anytime...you don't need to stay for the whole two hours. A great way for teens to earn volunteer hours. Milk bags are not needed. All are welcome!

### PARISH OFFERINGS

**February 15/16, 2025**

Sunday Envelopes (64):	\$1,618.00
Loose Offerings	\$226.30

***Your continued financial support is greatly appreciated.***

**2024 TAX RECEIPTS:** All 2024 receipts have been mailed. Contact the office if you have not received your tax receipt by Feb. 28<sup>th</sup>.

**SEMINARY OFFERING:** This collection supports the educational needs of seminarians within the Hamilton Diocese. To date we have collected \$685.45. Your support is greatly appreciated. This collection will end on March 2, 2025.

**16TH ANNUAL DYNAMIC WOMEN OF FAITH CONFERENCE:** This conference will bring together Catholic women to share in hearing informative presentations and enjoy delicious food and fellowship with all those present! The event will be held on **Saturday, March 22, 2025** from 9:00am-4pm at the Old Mill (includes light lunch) in Toronto. For more information see Recharge Your Spirit at the Dynamic Women of Faith Conference 2025: <https://dynamicwomenfaith.com>

**LIFT JESUS HIGHER RALLY** – Prayer from On High. **Saturday, March 29, 2025**, 9 AM - 5:30 PM at the Metro Toronto Convention Centre (North Building). Lift Jesus Higher Rally (LJHR) is an annual event for Youth and Adults that focuses on evangelizing through uplifting music, testimonials, reflections, Divine Mercy celebration and Eucharistic Adoration. For details visit: <https://www.ljhr.ca/> There is a bus leaving from Guelph. Call Tina at 519-222-6283 for information.

**ST. AGNES EDUCATION CAFE:** From homeless encampments, bullying, rising mental health cases & more, many today feel outcast & unloved. We are always called to love the sick, poor & suffering - even when it is easier to look the other way. When we show love, we are Christ's merciful hands reaching out to heal. **Sunday, March 2, 2-3:30pm** with guest Fr. Toby Collins, St. Mary's Parish, Founder of "Tiny Home Takeout". [www.saintagnescatholicchurch.org](http://www.saintagnescatholicchurch.org)



**JUBILEE OF HOPE, 2025:** The Diocese of Hamilton joins the celebration of the Global Church in this Ordinary Jubilee Year, 2025, as **"Pilgrims of Hope"**! We are all invited to journey through this year drawing closer to God through prayer, service

and experiences of renewal.

Six churches have been designated as pilgrimage sites across the Diocese, welcoming you as a visitor over the course of the Jubilee to come and pray. Information and locations of the pilgrimage sites are available on the Diocesan Website <https://hamiltondiocese.com/jubilee/>

## LITURGICAL MINISTERS OF HOPE RETREAT

During this Jubilee year, the Diocese of Hamilton invites you to a Liturgical Ministers of Hope Retreat — a special day of renewal, reflection, and spiritual growth as we deepen our commitment to serving God's people through liturgical ministries. We encourage all Ministers of Music, Ministers of the Word, Children's Liturgy of the Word, Extraordinary Ministers of Communion, Ministers of Hospitality, and Sacristans who serve in liturgical ministries to attend this enriching retreat. Together, let us rekindle our spirit of service and hope in this Jubilee year! You are invited to attend one of three dates: **Saturday, March 22nd, 2025:** Basilica of Our Lady Immaculate, Guelph.

**Saturday, March 29th, 2025:** St. Matthew Parish, Oakville.

**Saturday, April 5th, 2025,** Annunciation of Our Lord Parish, Stoney Creek.

For details and registration visit:

<https://hamiltondiocese.com/events/2025/02/liturgical-ministers-of-hope-retreat-three-dates/>

## MINISTERIAL FORMATION THROUGH VLCFF

The Diocese of Hamilton is proud to partner with Dayton University's Virtual Learning Community for Adult Faith Formation (VLCFF) to offer certificate programs for ministry and enrichment for adult faith formation. We are currently taking enrollment for the Youth Ministry Certification Program and the Catechist Formation Program for the Diocese of Hamilton, which begins in September 2025. Three and five-week e-seminars are also available at a discounted rate for all adults in the Diocese looking to further their learning. For more information about our programs, and how to register, visit us at [www.hamiltondioceselearns.com](http://www.hamiltondioceselearns.com)

**THE REEL JUSTICE FILM FESTIVAL** offers another crucial dialogue with Resilient Genius **February 25, 7:00 – 9:00 PM.** The film gives voice to children and youth affected by war, conflict, and political unrest. Thirteen children and youth immerse us in memories of Syria, Ethiopia, Ukraine, Rwanda, Afghanistan and Iraq, reflecting on their lives before, during, and after experiences of violence. Their raw recollections, expressions of wisdom, and transformative acts provide a powerful call to action. Film Director Joanne Hodges and Rita Balla, Director, Diocesan Office for Refugees will provide further discussion following the film. The event will be hosted online via Zoom. Register at: <https://hamiltondiocese.com/reel-justice-film-festival/> A partnership between the Bishop Farrell Library & Archives and Development and Peace.

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**519-621-3665**  
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PGK Dan Schmalz  
**519-239-5003**

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